St Andrews

Harlow Moor Road, Harrogate, North Yorkshire, HG2 0AD Tel: 01423 504448

Castlebrae

Castleton Road, Auchterarder, Perthshire, PH₃ 1AG Tel: 01764 664369

The Police Treatment Centres

www.thepolicetreatmentcentres.org

A Force for Promoting and Improving Health and Wellbeing

The Police Treatment Centres (PTC) continues to welcome Retired Officers for treatment at our Centres in Harrogate and Auchterarder. We now also welcome Retired Officers from outside the PTC constituent areas that, since retiring, have relocated to a PTC constituent Force area.

Both of our Centres have significantly improved over the last two years and the standard and quality of the treatment and facilities are better than ever. We continue to value Retired Officers at the PTC and in 2019 we treated 359 Retirees on a residential basis at our Centres.

If you spent the majority of your Police Service in one of the PTC constituent Forces, or since retiring have relocated to a PTC constituent Force area, you are eligible to become a PTC donor and beneficiary. You should ensure that you sign up as soon as your retirement begins otherwise a 12month waiting time applies before you are eligible to come for treatment.

You can sign up by direct debit for only £4.50 per month to take advantage of our class-leading Physiotherapy Treatment Programme and new Retired Officer Wellbeing Programme. These are one week residential courses and more information can be found in this pack.

What Now? If you have 6 months or less remaining of service, please complete both forms enclosed. If you have more than 6 months remaining, please complete the front cover only and not the direct debit mandate. We will then contact you closer to the date of your retirement.

Once your direct debit is confirmed, you will then be eligible to apply for free treatment at the PTC, subject to our clinical criteria and eligibility policy.

Gift Aid is a really easy way to make your gift go further! Gift Aid allows The Police Treatment Centres to claim an extra 25% on donations. To Gift Aid your donation, all you need to do is complete the Gift Aid declaration when you complete the form. You only need to complete the Gift Aid declaration once too! After that we know we can claim Gift Aid on all your future donations unless you let us know you have moved house or are no longer a taxpayer.

Please take a look at some of the other offers available to you in retirement from the PTC, such as our Lottery and our Bed and Breakfast offer.

We do hope that you will continue to support us in retirement and we thank you in advance for helping us to continue providing the class-leading treatment which makes a real difference to the professional and personal lives of all our Police Family patients.

The Police Children's Charity (formerly St George's Police Children Trust)

You will also find enclosed a direct debit form should you wish to continue your support for The Police Children's Charity in retirement. Please note that if you have made contributions to the Charity throughout your full term of service, then you are entitled to benefits in retirement. More information can be found on our website www.thepolicechildrenscharity.org

Thank you again for your continued support of The Police Treatment Centres and The Police Children's Charity.

Yours sincerely

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Patrick Cairns MBE, DL, MA, BA (Hons)

Chief Executive

For The Police Treatment Centres

Patron: HRH The Princess Royal President: Baroness Harris of Richmond, DL Chief Executive: Colonel Patrick Cairns, MBE, DL, MA, BA (Hons)